

Gulf South Conference Indoor T&F Championships 2025
CrossPlex, Birmingham, AL - 2/20/2025 to 2/21/2025
Meet Program - Running Events Day 2

Event 17 Heptathlon: #5 Men 60 Meter Hurdles**Friday 2/21/2025 - 9:00 AM**

GSC Indoor R: 8.55 2/15/2024 Cameron Stine
CrossPlex: 7.80 3/12/2022 Ayden Owens

Lane Name	Yr	School	Seed Time
-----------	----	--------	-----------

Section 1 of 2 Finals

1	275 Sage Robertson	SO	Alabama-Hunt	NT	_____
3	494 Dayton Floyd	JR	Trevecca Naz	NT	_____
5	274 Colin Roberson	SO	Alabama-Hunt	NT	_____
7	369 Cameron Stine	SR	Lee (Tenn.)	NT	_____

Section 2 of 2 Finals

1	259 Zane Hopf	SO	Alabama-Hunt	NT	_____
3	442 Austin Abney	FR	Montevallo	NT	_____
5	356 Isaac Iosia	SO	Lee (Tenn.)	NT	_____
7	268 Adolfo Mireles	SO	Alabama-Hunt	NT	_____

Event 17 Heptathlon: #7 Men 1000 Meter Run**Friday 2/21/2025 - 0:00 AM**

GSC Indoor R: 2:41.27 2/15/2024 Matthew Brunner
CrossPlex: 2:31.55 3/12/2022 Ayden Owens

Lane Name	Yr	School	Seed Time
-----------	----	--------	-----------

Section 1 of 1 Finals

1	274 Colin Roberson	SO	Alabama-Hunt	NT	_____
2	494 Dayton Floyd	JR	Trevecca Naz	NT	_____
3	268 Adolfo Mireles	SO	Alabama-Hunt	NT	_____
4	275 Sage Robertson	SO	Alabama-Hunt	NT	_____
5	356 Isaac Iosia	SO	Lee (Tenn.)	NT	_____
6	369 Cameron Stine	SR	Lee (Tenn.)	NT	_____
7	442 Austin Abney	FR	Montevallo	NT	_____
8	259 Zane Hopf	SO	Alabama-Hunt	NT	_____

Event 5 Men 1 Mile Run**Friday 2/21/2025 - 11:45 AM****2-alley start; 2-turn stagger;**

GSC Indoor R: 4:04.98 2/14/2022 Christian Noble
CrossPlex: 3:57.04 3/12/2022 Johnathan Davis

Lane Name	Yr	School	Seed Time
-----------	----	--------	-----------

Section 1 of 2 Finals

1	410 Matthew Singletary	SO	Mississippi	4:23.80	_____
2	509 McCaden Selby	FR	Trevecca Naz	NT	_____
3	488 Hamzah Abo-Hashem	SR	Trevecca Naz	4:21.16	_____
4	306 Will Doughty	FR	Christian Br	4:22.55	_____
5	272 Nate Pohlsander	JR	Alabama-Hunt	4:19.51	_____
6	471 Josh Stidfole	JR	Montevallo	4:23.90	_____
7	252 Dakota Frank	FR	Alabama-Hunt	4:15.82	_____
8	345 Parker Campbell	FR	Lee (Tenn.)	4:15.48	_____
9	456 Parker Hicks	JR	Montevallo	4:26.86	_____
10	514 Joel White	SO	Trevecca Naz	NT	_____
11	399 Baxter Friedman	JR	Mississippi	4:15.55	_____

Section 2 of 2 Finals

1	395 Cole Benoit	SR	Mississippi	4:09.94	_____
2	348 Stephen Clark	JR	Lee (Tenn.)	4:08.16	_____
3	403 Brock Kelly	SR	Mississippi	4:09.06	_____
4	365 Owen Pearce	SR	Lee (Tenn.)	4:11.38	_____
5	353 Caleb Guthery	SR	Lee (Tenn.)	4:09.62	_____
6	394 Christian Balcer	JR	Mississippi	4:08.73	_____
7	266 Winston McGhee	FR	Alabama-Hunt	4:14.45	_____
8	299 Ethan Ackroyd	JR	Christian Br	4:11.28	_____
9	263 Nathan Knox	SR	Alabama-Hunt	4:10.41	_____
10	271 Conner Patterson	JR	Alabama-Hunt	4:09.46	_____
11	314 Anton Lindberg	SR	Christian Br	4:13.69	_____
12	360 Ryan Lovelace	JR	Lee (Tenn.)	4:03.97	_____

Event 22 Women 1 Mile Run**Friday 2/21/2025 - 12:05 PM****2-alley start; 2-turn stagger**

GSC Indoor R: 4:53.01 2/16/2024 Mckenna Cavanaugh
CrossPlex: 4:33.13 3/11/2022 Sintayehu Vissa

Lane Name	Yr	School	Seed Time
-----------	----	--------	-----------

Section 1 of 2 Finals

1	486 Kathryn Williams	JR	Trevecca Naz	5:59.76	_____
2	482 Emmy Mattingly	SR	Trevecca Naz	6:03.18	_____
3	477 Sarah Arnold	FR	Trevecca Naz	NT	_____
4	297 Louisa Woop	JR	Christian Br	5:35.40	_____
5	289 Lauren Blyth	FR	Christian Br	5:40.48	_____
6	291 Laura De Llano	SO	Christian Br	5:39.10	_____
7	475 Ashley Alsvig	SO	Trevecca Naz	5:36.89	_____

Section 2 of 2 Finals

1	208 Ashlynn Beery	FR	Alabama-Hunt	5:33.15	_____
2	334 Ashlyn Iliff	SR	Lee (Tenn.)	5:05.36	_____
3	324 Ana Patricia Campos	SR	Lee (Tenn.)	4:53.08	_____
4	434 Abby Snyder	SR	Montevallo	5:34.60	_____
5	321 Katie Beam	FR	Lee (Tenn.)	4:59.41	_____
6	386 Shana Sellers	JR	Mississippi	5:14.44	_____
7	377 Caroline Dooling	SR	Mississippi	5:29.04	_____
8	224 Sophia Knox	SO	Alabama-Hunt	5:15.91	_____
9	436 Sarah Turner	JR	Montevallo	5:20.24	_____
10	222 Lucy Horne	FR	Alabama-Hunt	5:19.09	_____
11	337 Emily Liddle	FR	Lee (Tenn.)	5:18.08	_____
12	332 Lily Hare	SR	Lee (Tenn.)	4:56.99	_____

Event 3 Men 400 Meter Dash**Friday 2/21/2025 - 12:25 PM****Final on Time**

GSC Indoor R: 47.89 2/15/2023 Niklas Klei
CrossPlex: 44.62 3/12/2022 Randolph Ross

Lane Name	Yr	School	Seed Time
-----------	----	--------	-----------

Section 1 of 7 Finals

3	402 Dorian Hurd	JR	Mississippi	55.46	_____
4	312 Davion Jones	FR	Christian Br	54.81	_____
5	501 Blake Lance	FR	Trevecca Naz	53.00	_____
6	315 Marcus Moses	FR	Christian Br	53.17	_____

Gulf South Conference Indoor T&F Championships 2025
CrossPlex, Birmingham, AL - 2/20/2025 to 2/21/2025
Meet Program - Running Events Day 2

Section 2 of 7 Finals...(Event 3 Men 400 Meter Dash)

3	491 Noel Chambers	FR	Trevecca Naz	52.45	_____
4	511 Isaac Temko	JR	Trevecca Naz	52.05	_____
5	445 Dwight Bellamy	SO	Montevallo	51.69	_____
6	470 Patrick Sherrill	JR	Montevallo	51.90	_____

Section 3 of 7 Finals

3	450 J'Brelin Cook	FR	Montevallo	51.68	_____
4	357 David Johnson	FR	Lee (Tenn.)	51.18	_____
5	245 Ben Dale	SO	Alabama-Hunt	50.86	_____
6	302 Amare Biggers	SR	Christian Br	50.87	_____

Section 4 of 7 Finals

3	414 Matias Vasquez	JR	Mississippi	50.08	_____
4	305 Andreas Demetriades	SR	Christian Br	49.96	_____
5	279 Bryan Singleton	JR	Alabama-Hunt	49.89	_____
6	416 Liam Wilkerson	FR	Mississippi	49.94	_____

Section 5 of 7 Finals

3	449 Drew Cheslock	FR	Montevallo	49.89	_____
4	462 Amari Lewis	SR	Montevallo	49.60	_____
5	368 Aiden Shaw	SO	Lee (Tenn.)	49.43	_____
6	286 Julius Williams	FR	Alabama-Hunt	49.52	_____

Section 6 of 7 Finals

3	349 Eli Cobble	SO	Lee (Tenn.)	49.17	_____
4	301 Nate Aupied	SR	Christian Br	49.10	_____
5	287 Jaiden Young	SO	Alabama-Hunt	48.77	_____
6	269 Eon Morris	SO	Alabama-Hunt	49.01	_____

Section 7 of 7 Finals

3	407 Oliver Ollesch	SR	Mississippi	48.61	_____
4	490 Lucas Baggott	SR	Trevecca Naz	48.37	_____
5	512 Julius Turnipseed IV	FR	Trevecca Naz	47.94	_____
6	361 Nokia Masengu	SR	Lee (Tenn.)	48.17	_____

Event 20 Women 400 Meter Dash

Friday 2/21/2025 - 12:45 PM

Final on Time

GSC Indoor R: 56.01 2/19/2020 Amber Littlejohn
CrossPlex: 50.69 3/12/2016 Courtney Okolo

<u>Lane Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>
------------------	-----------	---------------	------------------

Section 1 of 4 Finals

4	480 Raegan Heldt	SR	Trevecca Naz	NT	_____
5	423 Lauren Dellezay	SO	Montevallo	1:05.32	_____
6	484 Ava Skaggs	FR	Trevecca Naz	1:05.66	_____

Section 2 of 4 Finals

3	441 Libby Wright	SO	Montevallo	1:04.57	_____
4	479 Chane de Beer	JR	Trevecca Naz	1:03.77	_____
5	375 Ann Cobb	FR	Mississippi	1:01.98	_____
6	327 Delphine Dah	SR	Lee (Tenn.)	1:02.04	_____

Section 3 of 4 Finals

3	380 Livia Fischer	SR	Mississippi	1:00.42	_____
4	384 Hannah Jackson	SO	Mississippi	1:00.12	_____
5	234 Summer Sutherlin	FR	Alabama-Hunt	59.09	_____
6	343 Sydney White	JR	Lee (Tenn.)	59.12	_____

Section 4 of 4 Finals

3	338 Maddox Mayfield	FR	Lee (Tenn.)	58.15	_____
4	391 Hilary Udechukwu	SR	Mississippi	57.52	_____
5	227 Amiah Murry	SO	Alabama-Hunt	56.81	_____
6	223 Aniya Johnson	SO	Alabama-Hunt	57.49	_____

Event 4 Men 800 Meter Run

Friday 2/21/2025 - 1:45 PM

2-alley start; 2-turn stagger

GSC Indoor R: 1:52.44 2/15/2023 Titus Lagat
CrossPlex: 1:46.46 3/9/2019 Bryce Hoppel

<u>Lane Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>
------------------	-----------	---------------	------------------

Section 1 of 3 Finals

1	306 Will Doughty	FR	Christian Br	NT	_____
2	495 Moritz Freyer	FR	Trevecca Naz	2:01.87	_____
3	394 Christian Balcer	JR	Mississippi	NT	_____
4	500 Harley Kirkpatrick	FR	Trevecca Naz	2:02.82	_____
5	300 Joseph Arriaga	JR	Christian Br	1:59.42	_____
6	317 Robert Richardson	SO	Christian Br	2:01.46	_____

Section 2 of 3 Finals

1	504 Caden Meeks	SO	Trevecca Naz	1:56.37	_____
2	351 Luke Gaddis	JR	Lee (Tenn.)	1:57.91	_____
3	348 Stephen Clark	JR	Lee (Tenn.)	1:54.81	_____
4	401 Samuel Hodson	FR	Mississippi	1:54.74	_____
5	453 Julian Fore	SR	Montevallo	1:56.63	_____
6	365 Owen Pearce	SR	Lee (Tenn.)	1:56.38	_____
7	288 Dominic Zana	JR	Alabama-Hunt	1:55.84	_____
8	364 Tal Old	JR	Lee (Tenn.)	1:58.45	_____

Section 3 of 3 Finals

1	249 Weston Ellison	SO	Alabama-Hunt	1:54.26	_____
2	247 Dylan Dryer	FR	Alabama-Hunt	1:54.55	_____
3	281 Adam Taylor	FR	Alabama-Hunt	1:54.43	_____
4	417 Evan Wrights	SO	Mississippi	1:53.41	_____
5	362 Evan Moore	JR	Lee (Tenn.)	1:52.52	_____
6	271 Conner Patterson	JR	Alabama-Hunt	1:54.25	_____
7	413 Sidney Stegall	FR	Mississippi	1:54.35	_____
8	395 Cole Benoit	SR	Mississippi	1:51.26	_____

Event 21 Women 800 Meter Run

Friday 2/21/2025 - 1:55 PM

2-alley start; 2-turn stagger

GSC Indoor R: 2:11.27 2/19/2020 Serenity Andrus
CrossPlex: 2:01.37 3/11/2022 Lindsey Butler

<u>Lane Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>
------------------	-----------	---------------	------------------

Section 1 of 2 Finals

1	374 Brookelyn Bidingier	FR	Mississippi	2:28.22	_____
2	474 Ximena Acosta	FR	Trevecca Naz	2:24.06	_____
3	377 Caroline Dooling	SR	Mississippi	2:32.67	_____
4	386 Shana Sellers	JR	Mississippi	NT	_____
5	436 Sarah Turner	JR	Montevallo	2:23.28	_____
6	334 Ashlyn Iliff	SR	Lee (Tenn.)	2:20.46	_____
7	231 Holly Sillivant	SR	Alabama-Hunt	2:25.17	_____

Gulf South Conference Indoor T&F Championships 2025
CrossPlex, Birmingham, AL - 2/20/2025 to 2/21/2025
Meet Program - Running Events Day 2

Section 2 of 2 Finals...(Event 21 Women 800 Meter Run)

1	339	Abi Moore	FR	Lee (Tenn.)	2:15.76	_____
2	321	Katie Beam	FR	Lee (Tenn.)	2:13.87	_____
3	332	Lily Hare	SR	Lee (Tenn.)	2:12.81	_____
4	333	Aria Hawkins	JR	Lee (Tenn.)	2:13.13	_____
5	221	Anna Katherine Hopk	FR	Alabama-Hunt	2:19.56	_____
6	215	Sara Cothran	FR	Alabama-Hunt	2:18.21	_____
7	219	Grace Hampel	SO	Alabama-Hunt	2:14.38	_____
8	296	Meghan Turner	JR	Christian Br	2:18.39	_____

Event 6 Men 3000 Meter Run

Friday 2/21/2025 - 2:25 PM

2-alley start; 2-turn stagger

GSC Indoor R: 8:13.06 2/16/2024 Sam Wilhelm

CrossPlex: 7:51.46 1/31/2021 Christian Noble

Lane Name	Yr	School	Seed Time
-----------	----	--------	-----------

Section 1 of 2 Finals

1	513	Shane West	JR	Trevecca Naz	8:57.84	_____
2	507	Joshua Novotny	FR	Trevecca Naz	8:54.79	_____
3	492	Mathias Cheboi	JR	Trevecca Naz	9:12.75	_____
4	309	James Holcombe	SO	Christian Br	8:55.70	_____
5	299	Ethan Ackroyd	JR	Christian Br	8:27.87	_____
6	508	Dominic Paliaro	FR	Trevecca Naz	9:19.10	_____
7	408	Cooper Parmer	JR	Mississippi	8:40.42	_____
8	498	Caleb Hinson	FR	Trevecca Naz	9:02.25	_____
9	410	Matthew Singletary	SO	Mississippi	8:39.04	_____
10	411	Carson Smith	SO	Mississippi	8:33.24	_____
11	318	Thomas Saunders	SO	Christian Br	9:32.80	_____

Section 2 of 2 Finals

1	276	Cole Robinson	FR	Alabama-Hunt	8:17.99	_____
2	405	Braedon Methvin	JR	Mississippi	8:27.56	_____
3	263	Nathan Knox	SR	Alabama-Hunt	8:23.18	_____
4	363	Edimo Ninteretse	JR	Lee (Tenn.)	8:05.74	_____
5	354	Aaron Himes	SR	Lee (Tenn.)	8:19.33	_____
6	253	Jonah Frey	SO	Alabama-Hunt	8:24.59	_____
7	370	Jon Fielding Stogner	SR	Lee (Tenn.)	8:10.46	_____
8	360	Ryan Lovelace	JR	Lee (Tenn.)	8:06.30	_____
9	347	Pierre Chauveau	FR	Lee (Tenn.)	8:17.23	_____
10	254	Noah George	FR	Alabama-Hunt	8:22.12	_____
11	284	Sam Wilhelm	SR	Alabama-Hunt	7:59.26	_____
12	403	Brock Kelly	SR	Mississippi	8:18.65	_____

Event 23 Women 3000 Meter Run

Friday 2/21/2025 - 2:55 PM

2-alley start; 2-turn stagger

GSC Indoor R: 9:53.20 2/24/2021 Chloe Flora

CrossPlex: 8:57.86 3/12/2016 Molly Seidel

Lane Name	Yr	School	Seed Time
-----------	----	--------	-----------

Section 1 of 1 Finals

1	373	Taylor Benoit	JR	Mississippi	9:49.74	_____
2	383	Kinley Harris	FR	Mississippi	10:44.27	_____
3	392	Ava Wardlaw	JR	Mississippi	10:29.53	_____
4	320	Megan Adams	JR	Lee (Tenn.)	9:53.34	_____
5	379	Kathryn Finch	FR	Mississippi	10:47.39	_____
6	333	Aria Hawkins	JR	Lee (Tenn.)	9:19.54	_____
7	207	Lucy Barker	FR	Alabama-Hunt	10:24.05	_____
8	330	Kaylee Estridge	SO	Lee (Tenn.)	10:28.34	_____
9	218	Tamsyn Gibbs	FR	Alabama-Hunt	10:13.55	_____
10	483	Ruth Penney	SR	Trevecca Naz	10:36.43	_____
11	335	Katie Krueger	SR	Lee (Tenn.)	9:57.20	_____
12	212	Elizabeth Cain	SO	Alabama-Hunt	11:11.10	_____
13	324	Ana Patricia Campos	SR	Lee (Tenn.)	9:46.26	_____
14	438	Natalie Warner	SR	Montevallo	10:21.95	_____
15	478	Anne Maree Crechale	FR	Trevecca Naz	12:15.10	_____

Event 9 Men 4x400 Meter Relay

Friday 2/21/2025 - 3:25 PM

GSC Indoor R: 3:14.18 2/16/2024 Mississippi College

F Palmieri, G Hodson, C Stewart, G Foster

CrossPlex: 3:04.16 3/12/2022 Texas A&M

C Hanson, O Etiwe, B Miller, E Bamidele

Lane Team	Relay	Seed Time
-----------	-------	-----------

Section 1 of 1 Finals

1	Christian Br	3:22.01	_____
2	Montevallo	3:20.68	_____
3	Lee (Tenn.)	3:17.82	_____
4	Trevecca Naz	3:17.70	_____
5	Mississippi	3:12.41	_____
6	Alabama-Hunt	3:13.04	_____

Event 26 Women 4x400 Meter Relay

Friday 2/21/2025 - 3:40 PM

GSC Indoor R: 3:50.54 2/15/2023 Christian Bros.

T Pfeifer, A Iglesias, I Zurita, O Gee

CrossPlex: 3:27.23 3/12/2022 Arkansas

R Effiong, J Hollis, S Maloney, B Wilson

Lane Team	Relay	Seed Time
-----------	-------	-----------

Section 1 of 1 Finals

1	Christian Br	NT	_____
2	Trevecca Naz	4:26.67	_____
3	Montevallo	4:20.13	_____
4	Mississippi	4:03.27	_____
5	Alabama-Hunt	3:48.67	_____
6	Lee (Tenn.)	3:59.78	_____